The Honda 2016 7 MODEL CLEAROUT

OUR 2016s ARE DISAPPEARING!

Birchwood Honda

Find special Honda offers on Page 7

Winnipeg metro

CANADIAN MEDAL COUNTER 3 2 9

200 METRES
De Grasse in fast lane en route to the finals

RIO

Your essential daily news | THURSDAY, AUGUST 18, 2016

High 26°C /Low 14°C Scattered thunderstorms

Eddie the police dog shows off his new body cam.
BRAEDEN JONES/METRO

CAMERA READY

Crime fund cash to see RCMP canines outfitted metroNEWS

Calls for settlement in '60s Scoop lawsuit

OPEN LETTER

Indigenous leaders also ask Trudeau for apology in Ontario court case

The federal government wants to sit down and find a settlement to lawsuits over the '60s Scoop, Indigenous Affairs Minister Carolyn Bennett said Wednesday.

Bennett said she is open to finding a solution to legal cases over the scoop, which saw thousands of aboriginal children taken from their homes by child-welfare services and placed with non-aboriginal families between the 1960s and 1980s.

"We, as you know — as a government — would like to get things out of court and to a table where we can make those kinds of agreements together, as a way forward," Bennett told reporters in Winnipeg.

"We want to work together with all of the litigants that are presently in court and try and get to the table."

Bennett made the comments one day after issuing a formal apology and $33.6 million in compensation to the Sayisi Dene of northern Manitoba for a forced relocation in 1956 that led to poverty and despair.

There are a handful of lawsuits across the country over the '60s Scoop, including a class-action lawsuit in Saskatchewan that seeks unspecified damages for everything from loss of cultural identity to sexual and physical abuse.

Another lawsuit in Ontario has been before the courts since 2009 and seeks $85,000 for each affected person.

Five indigenous leaders wrote an open letter Tuesday to Prime Minister Justin Trudeau urging him to apologize for the '60s Scoop and settle the Ontario lawsuit, which they said has been repeatedly delayed by the federal government.

"We are writing to you because you have publicly stated that Canada has a sacred and legal obligation to First Nations, Metis and Inuit peoples," reads the letter signed by leaders including former Assembly of First Nations national chief Phil Fontaine.

Lawyer Tony Merchant, who is behind the class-action lawsuit in Saskatchewan, said he welcomes Bennett's offer to discuss the issue outside of court. But he said the court action has been necessary.

"Government is always saying 'take it out of the court,' but they are only coming forward and even talking about settling as a result of the work that ... lawyers have been doing." THE CANADIAN PRESS

Advance

BACK TO SCHOOL SALE

12 EQUAL PAYMENTS

NO INTEREST • NO ADMIN FEES • NO PRE-PAID TAXES

Personal + Home Audio

SPORT

Bose® SoundSport® In-Ear Headphones
SSIECB/F/EG/PR/NB

Sweat-resistant | Inline mic w/ remote

$99.99
Available in 5 Colours.

WIRELESS BLUETOOTH

Sony On-Ear Bluetooth Headphones
MDRZX330BT

30 hour battery | Lightweight & foldable

$89.99 Save $20

Sony Xtra Bass Around Ear Bluetooth Headphones
MDRXB950BT

20 hour battery | EXTRA BASS

$199.99 Save $50

NOISE CANCELLING

Bose® QuietComfort® 20 Headphones
QC20IB/W

Shut out the world and lose yourself in music.

$279.99 Save $50
Available in 2 Colours.

Bose® SoundLink® Colour Bluetooth® Speaker
SLCOLOURBLK/WHT/MINT/RED/BLUE

8 hour battery | Compact design

$129.99 Save $20
Available in 5 Colours.

Marshall Kilburn Portable Bluetooth® Speaker
KILBURNB/C

20 hour battery | Classic Marshall Design

$299.99 Save $80
Available in Black or Cream.

Bose® Solo 15 Series II TV Sound System
SOLO15II

Bluetooth | One-piece sound base

$449.99 Save $50

Bose® Cinemate 15 Home Audio Theater System
CINEMATE15

Full, impressive TV sound with subwoofer

$599.99 Save $150

Perfect Entertainment for your Study Breaks

save up to $30!

Samsung 24" HD Smart LED TV
UN24H4500

$249.99 Save $30
Savings end Aug 25.

Samsung 32" HD LED TV
UN32J4000

$279.99 Save $20
Savings Start Aug 19.

Samsung 4K UHD Smart LED TV
UN40KU6290 and UN50KU6290

Experience more accurate and natural colours

40" $899.99
50" $1199.99

SAMSUNG SAVE THE TAX
AUGUST 5 - 25, 2016

Advance

1300 PORTAGE AVE | 204-786-6541 | ADVANCE.MB.CA | SUMMER HOURS **MON - WED 8:30AM - 6PM | THU + FRI 8:30AM - 9PM | SAT 8:30AM - 5:30PM | CLOSED SUNDAY**

metro NEWS

Your essential daily news

Canadians with dual citizenships will see passport rules change on Sept. 30. **Canada**

City to hit 1 million by 2035

DEVELOPMENT

Mayor pushing forward on new growth charges

Stephanie Taylor
Metro | Winnipeg

Winnipeg's population is expected to swell to more than 900,000 by 2040, according to a new housing study released by city hall.

If you include communities in the surrounding capital region, that number rises to more than one million by 2035.

And if you are Winnipeg Mayor Brian Bowman, these statistics justify the need to introduce new growth charges for areas of new development in the city, which he underlined during a press conference Wednesday.

"How do we begin and structure ourselves to be able to meet the infrastructure demands today, but also those demands that we know are going to increase with an increasing population," Bowman said.

The city's new study, which relies on information from the Conference Board of Canada and Statistics Canada, expects our population to grow by 8,200 annually for the next 25 years.

During that time, our population is expected to rise to 922,600 and require 4,000 new housing units per year.

Bowman said an increasing population creates a strong demand for housing, citing the study that predicts the number of households to increase by 32 per cent to 391,000 by 2040.

> **Housing has not tanked in those jurisdictions.**
> Brian Bowman

Currently, 2015 stats peg our city's population at 718,400 and 291,000 households.

Bowman stressed that ours is the last major Canadian city to look at introducing some form of a growth fee — which are a tool municipalities typically use to pay for infrastructure costs related to new development.

Bowman said he is "sensitive" to the concerns raised by those in the home building industry, but rebutted criticism espoused by some members the city is rushing to slap on a new charge.

"Housing has not tanked in those jurisdictions that have growth fees, nor has it tanked it every neighbouring jurisdiction outside of the City of Winnipeg that also have the ability for growth fees," he said.

Bowman made it clear on Wednesday that he will not ask the new provincial government to amend the City of Winnipeg Charter to introduce any new growth fee.

Instead, he said, the study Hemson Consulting Ltd. is currently preparing will contain options for how the city could levy such a fee under its own authority and without requiring provincial approval.

"I have no intention of seeking changes to the charter, or approval from the provincial government," said Bowman.

Bowman explained the report will focus on how growth impacts the "connectivity" between communities and its existing infrastructure, not area-charges used to pay for roads and sewers in new developments.

1 million

Winnipeg-area projected population in 2035.

32%

The increase in number of households needed by 2040 is 32 per cent.

The expected rate of growth is estimated to be about 8,200 per year.

8,200

GROWTH FEES

Decision delayed for a year

Bowman said his office door is open to any industry member concerned about the city's consideration of introducing a growth fee.

Bowman was responding to criticism by some in the home building industry that city hall has done virtually no consultation on the question of implementing a new growth charge, save one meeting with Hemson Consulting Ltd., which has been hired to prepare a growth study.

A second meeting with industry stakeholders, such as the Manitoba Home Builders' Association and the Winnipeg Realtors' Association, is scheduled for Thursday.

Bowman said when city hall was looking at the idea of a growth fee last fall, he heard there was a desire for more time and better information.

"That's why council took the position that we would conduct a study and get more accurate information than we felt we had," he said. "We ... have the benefit of the year that we've had."

The consultant's study is due at the end of August, and city staff say it is required for 2017 budget planning.

Bowman reiterated his stance that growth is not paying for growth in our city.

"As we are building our city for the future, we're increasingly going to have figure that out as a community in terms of who should pay for growth. Should it be those that are choosing to build or is it all existing residents and all existing taxpayers," said Bowman. STEPHANIE TAYLOR/METRO

PORTAGE PLACE
August 10 to August 21
SIDEWALK SALE
PORTAGE PLACE
August 10 to August 21

Power of the hashtag

YOUNG ARTISTS

Youth group's art show kicks off Aug. 23 at Graffiti Gallery

Braeden Jones
Metro | Winnipeg

An art show opening soon will display young Winnipeggers' artistic interpretations of barriers they face and how to overcome them.

The Youth Agencies Alliance (YAA) director Karen Ferris said the annual art project involving more than a hundred youth has a different theme and medium each year.

This year's theme was "#youthbreakingbarriers."

She hopes the young people who participated will feel "empowered" to engage in discussions about challenges in their community, as well as solutions.

The YAA, which represents a group of 18 after-school and community service agencies for youth, had artists from Art City, the North End Art Centre and Graffiti Art Programming run workshops to help 130 young people complete projects relating to the barrier-breaking theme.

"They had to think about the barriers they face in their lives," Ferris said, adding there was a range of responses.

"Economic, social, geographical, a lot of kids focussed on bullying, things that have been trending in the media.. Missing and murdered indigenous women and girls, and some kept it very general and talked about racism and discrimination and talked about their experiences, personally.

The Youth Agencies Alliance will open their show next week. CONTRIBUTED

> **They had to think about the barriers they face in their lives.**
> Karen Ferris

"Their artwork was focused on solutions around those barriers."

She said the facilitating artists helped the kids "take their ideas and transform them into art" on prefabricated wooden hashtags, which served as the "canvasses" and as a collective, create the full #youthbreakingbarriers exhibit along with two three-dimensional hashtag sculptures.

"Each youth, along with their artwork, also came up with a unique hashtag to represent what their (piece) was about, and their barrier," Ferris said.

"They wrote on and graffitied over those two sculptures, so they're part of the display as well."

The interactive exhibit will invite anyone checking it out to do the same, with markers on hand so people can add their own hashtag to the sculpture.

The art pieces and videos will be shared online as well, in order to unite young people "and for them to come together to discuss the notion of 'breaking barriers' and affecting social change," according to a statement.

The art YAA #youthbreakingbarriers art show begins Aug. 23 at 11:30 a.m. at the Graffiti Gallery on Higgins Avenue..

FISHING

Province wants out of fed group

Manitoba has served notice that it plans to withdraw from a federal Crown corporation that markets freshwater fish.

Premier Brian Pallister says the province wants to give its fishers the opportunity to market their catch any way they want.

The Winnipeg-based Freshwater Fish Marketing Corporation buys, processes and markets all freshwater fish caught for commercial sale in Manitoba, Saskatchewan and the Northwest Territories.

Pallister says the corporation will continue as a marketing choice for Manitobans who wish to use it.

He says Manitoba's fish industry generates about $21 million per year in sales of walleye, goldeye, northern pike, sauger, lake whitefish and lake trout.

Most of the catch in the province is sold to the United States, Europe, Israel and China.

First Nation and Metis leaders in Manitoba praised the province's decision toward marketing choice, but some have questions about how the change will come about and how it will affect them.

"The fishers are asking what does this mean," David Chartrand, president of the Manitoba Metis Federation said Tuesday in a release.

"What are the rules? When can they begin selling their fish outside of the FFMC (Freshwater Fish Marketing Corporation)."

The corporation's website says it buys from more than 1,700 fishers who harvest from hundreds of lakes within the region and employs more than 150 staff.

THE CANADIAN PRESS

Retail
FOR LEASE
286 to 17,000 SF available
cityplace
cityplacewinnipeg.com
• Located in the Sports, Hospitality & Entertainment District (SHED) downtown - 70,000 customers connect via the skywalk
• Tenants: Boston Pizza, Shark Club Restaurant & Gaming, CIBC, PharmaPlus, Liquor Mart, Coles Books, Urban Wellness Gym, food court & other medical & professional services
• Enclosed heated parkade, 24/7 security & transit
Congratulations to Chizma Tea in their new location on the main floor Cityplace across from Rexall Pharmaplus
TRIOVEST
triovest.com
CHERYL RONEY
204.989.1800
croney@triovest.com

MUSIC

Mobina Galore focusing on collaboration for album

For their sophomore record, Winnipeg punk-rock duo Mobina Galore were more collaborative on songwriting and took a stripped-down approach to recording.

Feeling Disconnected - the follow-up to 2014 debut Cities Away - will be released in November if everything goes smoothly, said guitarist and vocalist Jenna Priestner.

Meanwhile, she and Marcia Hanson (drums/vocals) will play another show Thursday, opening for Four Year Strong of Worcester, Mass. at the Park Theatre.

Priestner and Hanson both contributed songs for the new album. "It was a pretty even split between us. We wrote most of them together; which was a first for us, actually," she said.

"I think that's more exciting; especially for Marcia, who also sings. Because when you have lyrical input into songs, you'll have more emotion behind them when you're performing live."

Feeling Disconnected was recorded with producer John Paul Peters at Winnipeg studio Private Ear; the same combination as for the first album. "On Cities Away there was bass, multiple guitar tracks, there's even piano and violin, and a bunch of stuff layered on it," she explained.

This time, it was just Priestner's guitar, Hanson's drums and their vocals on the record. "Kind of raw and more representative of our live shows," she said.

One element that remained was Priestner's scream, a howl that can peel paint from a venue's walls.

Marcia Hanson (left) and Jenna Priestner
CONTRIBUTED/MOBINA GALORE

Tickets are $22.50 at the Park Theatre, Music Trader and Ticketfly.com.

NIGEL MOORE/FOR METRO

Visiting intern helping to program supply drones

TECHNOLOGY

Student is assisting prof to develop auto-pilot

Braeden Jones
Metro | Winnipeg

Here's something that might be over your head: near-sentient drones shipping critical goods to remote Northern communities.

University of Manitoba professor Witold Kinsner said it's not only possible, but may be necessary, which is why he and a visiting intern from China are currently working on bringing the advanced auto-pilot necessary for the task to life.

"Specifically in Manitoba, our roads are melting, delivery will have to be provided one way or another — an airplane cannot land on a dime, so it is necessary to develop such technologies," he said. "Amazon is working on delivering small parcels ... this has to be a much, much heavier load, flying much longer distances."

Think of a big drone carrying crates with the components needed for a make-shift hospital shelter, that has to be airborne for days on end.

The weighty load and long flight time pose several practical and engineering problems: the drone cannot rely on user input or GPS signals, which are spotty in the north, and the autopilot has to be extremely precise to avoid wasting energy and cutting a flight short.

Chen Qiu, a student from Wuhan University in China, is working with University of Manitoba professor Witold Kinsner on the advanced mathematics-based auto-pilot needed for large supply drones. BRAEDEN JONES/METRO

"That's where research now kicks in," Kinsner said.

Cue Chen Qiu, a student from Wuhan University in China, who's working with Kinsner on the advanced mathematics-based autopilot as part of a 12-week internship through Mitacs Globalink.

She said the inability to anticipate what variables might affect the drone mid-flight are the biggest problem when it's flying out of contact-range.

"When the drone is flying it may face different challenges, like a sudden change of wind speed or direction, or a sudden change in temperature, or maybe it rains," she said. "To achieve this long distance flying, we should design a controller that can self-adjust when it meets these challenges."

That's been her task this summer, and it's one that she's made some progress on during two-dimensional testing and computer simulations.

So far in her research, she's narrowed down her goals for the advanced controller to first minimize erroneous readings, secondly give it the "fastest possible response," and thirdly to draw "minimal power" when making adjustments to stay on course.

> **Amazon is working on delivering small parcels. This has to be a much, much heavier load.**
> Witold Kinsner

"Overshoot," or over-correcting, could result in a crash and therefore lost cargo, or worse if the drone is over populated land.

Qiu has some early ideas about how a pre-programmed controller with fixed parameters can work to keep a drone on course, but looking forward she sees limitations with that system.

"If I change the parameters, say, if the mass changed, or external force changed, should I now be tuning those parameters again?" she said.

The answer is yes, but without user-input, that drone won't know what to do, so she plans to add an "improved control system" to "change with the change," something like a "neural network," that would allow the drone to learn ... on the fly.

Kinsner said a cognitive system or "low-level artificial consciousness" like Qiu describes, would enable drones to make optimal adjustments; But in Qiu's short 12-week internship, they've just scraped the surface of applying these new techniques to their research.

Which is why, with Qiu's enthusiasm for the project, he anticipates that their collaboration will extend "beyond her time here in Winnipeg."

RCMP

K9 gets doggie-cams

The RCMP is getting a dogs-eye view as its canine members receive a tech upgrade.

With funds from the Manitoba government's criminal forfeiture program, the RCMP K9 unit is purchasing two wireless back-mounted camera units with receivers that allow handlers to see what police dogs see in real time.

In addition to being able to monitor the dog's activity from a distance, handlers will be able to issue commands through a built-in speaker system.

The four-legged officers will also be getting ballistic vests to protect them in high-risk situations, which will be critical as they venture further from their human partners.

Scott Kolody, RCMP D Division's commanding officer, said the new equipment, costing more than $91,000, would offer a "tactical and technological advantage."

Both the RCMP and the Winnipeg Police Service (WPS) are upgrading gear in other units, too, as the province is investing more than $1.85 million total, using funds from unlawful activity to fund policing and victim services.

"This includes funds for low-light and night vision equipment for our surveillance operations, and funds to expand the range of our tactical robots making them more effective in our remote areas," Kolody said.

The WPS — which is receiving more than $534,000 from the forfeiture program — will purchase a portable X-ray scanner and ion scanner, as well as 10 new bikes for its downtown patrol unit and gear to equip four more tactical medical support team members. BRAEDEN JONES/METRO

ASK ABOUT OUR EVENING CLASSES!
NETWORK ADMINISTRATORS
EARN A MEDIAN WAGE OF $28/HR*
Train for an exciting, fast-paced career with CDI College's Network & Internet Security Specialist program.
1.800.360.7186 / STUDYIT.CDICOLLEGE.CA
NETWORK ADMINISTRATOR | NETWORK & DATABASE ADMINISTRATOR
OFFICE ASSISTANT | AND MORE!
Financial assistance may be available to qualified applicants. | *jobbank.gc.ca
CDI college
$1,000
TUITION SCHOLARSHIPS**!
DID YOU KNOW
RSVP AT OPENHOUSE.CDICOLLEGE.CA

Beyond Pride: Politicians put on spot

CALGARY

Party reps in parade need to support LGBTQ rights: Lobby

Pride and politics are inseparable, at least when you consider the history of LGBTQ rights.

But over the years, Calgary Pride has been trying to untangle the mess of political leaders marching with more pomp and circumstance in the parade than in legislature.

In 2015, Pride required parade entrants to sign a pledge to underline their participation in festivities as an ally. This year, pride has further refined their application process to ensure politicians are putting their money where their mouths are — or, in this case votes.

Applicants highlight their significant LGBTQ votes in a one-page submission and choose between a commercial application, and non-commercial — both at separate price points.

> It has required parties to really think of the things they need to highlight. Craig Sklenar, Pride Calgary

Craig Sklenar, director of government affairs with Pride Calgary said the filtration system hasn't eliminated any parties from participating this year, and they don't do deep dives on an individual's political past either. But it's set up to give the board a more stringent view of an applicant's intentions.

"It's opened up the discussion and it has required parties to really think of the things they need to highlight, which we were excited about," he said, noting this is also the first year all parties will be represented.

"We've seen even the Progressive Conservative party moving towards that direction; it may not be fast enough for some, but they're taking steps in their viewpoints to try and be more inclusive politically."

Michael Connolly, MLA for Calgary-Hawkwood, is one of Alberta's first LGBTQ identified members of legislature. He said politicians in Alberta have come a long way in the past five years.

"LGBTQ rights are a lot more on people's minds and if a different party comes into power they're more likely to support LGBTQ rights," Connelly said. "Pride should remain political because we don't have equity, to a certain extent."

THE CANADIAN PRESS

Unexpected
ACTIVITY
SAGE CREEK is a trailblazing community that encourages you to get outside and get active. Over 1500 families have already made the move since 2006.
No matter the season or weather, Sage Creek is built for walking… or running, biking, or even cross-country skiing! It's the perfect community for family fun or making a quick trip on foot to the grocery store.
EXPLORE SAGE CREEK
Learn more at sagecreek.ca
UNEXPECTED ENERGY From the new stores, fitness center, and restaurants in the growing Village Centre to the new K-8 School well under construction, it's a community teeming with energy and life. With over 9 km of trails woven throughout with views of native prairie grasses, trees and wetlands, Sage Creek is ideal for those who enjoy the outdoors and an active lifestyle with all the amenities close by.
Show homes open 6 days a week.
For hours and information, please visit sagecreek.ca.
QUALICO communities
SAGE CREEK

The event formerly known as the lightsaber battle drew about a thousand people last round, organizers say. TORSTAR FILE PHOTO

ENTERTAINMENT

Glow-sword battle ignites war of words

May Warren
Metro | Toronto

They may look like lightsabers. Some may even sound like lightsabers. But whatever you do, don't call them lightsabers.

Toronto's "glow sword battle," a free event originally designed to celebrate public space, is slated for October 8th in Nathan Phillips Square with a new name.

Formerly known as the lightsaber battle, organizers say they changed they changed that after receiving a cease-and-desist letter from lawyers representing Star Wars' Lucasfilm and settling out of court this spring.

"We can't mention the names of any characters, we can't use any Lucasfilm properties in any of our promotions," said Kevin Bracken, co-founder of event company Newmindspace.

Bracken said he and company cofounder Lori Kufner were "caught red-handed" infringing on Lucasfilm trademark.

Lucasfilm did not immediately respond to request for comment.

"All the stress, all the anxiety, all the sleepless nights, I'm really glad it's over," said Bracken of his legal troubles.

Bracken said the point of the battle is to "be a playful part of the urban playground movement" and draw attention to the need for public space in cities.

STUDY

More distrust of education among indigenous people

A study suggests the legacy of residential schools has left some indigenous people wary and fearful of Canada's education system.

Published in this month's issue of the Canadian Review of Sociology, it suggests that distrust leads parents to be less engaged with teachers and could hurt children's education.

It is based on interviews with dozens of educators and parents from southern Ontario. The majority were indigenous.

Researcher Emily Milne, assistant professor of sociology at MacEwan University in Edmonton, said virtually every indigenous participant was touched in some way by the residential school experience.

Milne said Canada is starting to address the issue. Many provinces — including Alberta, Ontario and Manitoba — are moving to incorporate indigenous curriculum into the classroom starting in elementary school.

"Schools play an important role in rebuilding that trust and in reconciliation," she said.

THE CANADIAN PRESS

Dual citizens face new passport regulations

AIR TRAVEL

New policy will come into effect Sept. 30

Canadian citizens with dual citizenships will soon be allowed to fly into the country only if they have a Canadian passport.

The policy will come into effect Sept. 30 as a final phase of Canada's move to an electronic screening system to step up border security and boost exit control of travellers, including Canadians on government benefits.

The upcoming requirement has caught many by surprise calling the practice "discriminatory" against dual citizens and a money grab, and is expected to create havoc as travellers with dual Canadian citizenships may find out only at the last minute when trying to board on a flight.

Ottawa rolled out the electronic travel authorization, or eTA, system last year, requiring air passengers — including all applicants for study and work permits, as well as those from countries that currently do not require a visa to come to Canada — to pay a $7 fee and submit their biographic, passport and other personal information through the immigration department website for prescreening or face being denied entry — with a $7 processing fee. American citizens are exempted.

TORSTAR NEWS SERVICE

CITIZENSHIPS

According to the 2011 Census, at least 2.9 per cent of Canadians — about 944,700 people — had multiple citizenships; the most frequently reported other citizenships were the United States, the United Kingdom, France and Poland.

Dual citizens will soon be allowed to fly into the country only if they have a Canadian passport. DREAMSTIME/TORSTAR NEWS SERVICE

POLICING

Minister urges talk on access to passwords

Canadians need to think about how far police should be allowed to go in accessing their electronic devices and communications, the federal public safety minister says.

A federal review of cybersecurity will provide a chance to discuss a proposal from Canada's police chiefs for a new law that would compel people to hand over passwords with a judge's consent, Ralph Goodale said Wednesday.

The Canadian Association of Chiefs of Police says the measure is needed to fight criminals in cyberspace who increasingly use tools to hide their identities and communications.

In the United States, there are literally thousands of smartphones and other digital devices "sitting on shelves" because authorities can't get into them, said Terrence Cunningham, a police chief in Massachusetts and president of the International Association of Chiefs of Police.

"And we know that those devices hold the answers to the questions that we need so that we can hold people accountable and prosecute some of these cases," Cunningham said during the Canadian chiefs' annual conference this week.

After a speech Wednesday to the gathering, Goodale acknowledged that smartphones contain a wealth of personal data and can reveal much more about a person than an ordinary physical search might.

Civil libertarians and privacy advocates cried foul when the previous Conservative government introduced legislation that would have allowed police access to Internet subscriber information — including name, address, telephone number, email address and Internet Protocol address — without a warrant. THE CANADIAN PRESS

> **We know that those devices hold the answers to the questions that we need so that we can hold people accountable and prosecute some of these cases.**
> Terrence Cunningham

2016 CIVIC LX MT STOCK #: FO1339

LEASE FROM: **$57*** WEEKLY OR PURCHASE FROM: **$21,193**

LEASE FROM 2.99% APR FOR 60 MONTHS*

2016 CR-V LX 2WD STOCK #: FO1510

LEASE FROM: **$72*** WEEKLY OR PURCHASE FROM: **$28,650** UP TO **$3,000** CR-V BONUS

@ 1.99% FOR 60 MONTHS WITH $0 DOWN PAYMENT*

Birchwood Honda

BIRCHWOOD HONDA ON REGENT
1401 Regent Avenue West
Call or Text: 204-813-7107 hondaonregent.ca

HONDA

*All prices and payments are plus PST and GST. Offers valid until August 31, 2016. Weekly lease payments on 2016 CR-V LX / 2016 Civic LX MT are $72 / $57 plus PST and GST at 1.99% / 2.99% APR, On Approved Credit and based on a price of $28,650 / $21,193 with $0 down, leased over a 60 / 60 month term with a total lease obligation of $18,720 / $14,820. 24,000/year allowance with excess kilometres charged at $0.12 per kilometre. Price includes all-weather mats, mud guards and block heater. Up to $3000 CR-V includes $1500 stackable cash bonus and not available when financing through HCFI. Factory order may be required. See Birchwood Honda for full offer details.

French towns prohibit wearing of burkinis

RELIGION

Yet Muslim women say the ban is sexist as well as racist

Male officials are dictating what women can wear on French beaches — and people across a wide swath of French society say that's a good thing.

Decrees issued by several mayors this month ban the burkini swimsuit, which France's secular political class says subjugates women and is incompatible with a country whose motto celebrates equality and freedom.

To many Muslim women, that's pure hypocrisy. They see the burkini bans as sexist, not to mention racist and a reactionary backlash to terrorism fears.

Even though it's only worn by a tiny minority, the burkini — a wetsuit-like garment that covers the torso, limbs and head — has prompted a discussion about Islam and women's bodies. At least five towns have banned them, and others are threatening to follow suit.

A Tunisian woman in a burkini at a beach near the capital of Tunis. AFP/GETTY IMAGES

Prime Minister Manuel Valls says the swimsuit reflects a worldview based on "the enslavement of women."

"That is not compatible with the values of France," Valls said.

But Rim-Sarah Alouane, a religious freedom expert at the University of Toulouse, says the anti-burkini brigade is relying on outdated ideas about Islam to stigmatize France's No. 2 religion.

"What is more French than sitting on a beach in the sand? We are telling Muslims that no matter what you do … we don't want you here," said Alouane.

THE ASSOCIATED PRESS

Quebec politicians remain cautious

It would be difficult for Quebec to follow the lead of the French cities that have banned burkini swimsuits, the province's international relations minister said.

Christine St-Pierre said the Canadian and Quebec charters of rights and freedoms would make it "very, very difficult to ban" the body-covering swimwear.

While stating she didn't want to immerse herself in another country's debate, she acknowledged the issue is a "delicate" one.

"Do we tell women, 'stay at home, don't leave your home, stay isolated and don't go out?"' she said. "That's the question we have to ask."

THE CANADIAN PRESS

NATURE WILDFIRE THREATENS CALIFORNIA A wildfire with a ferocity never seen before by veteran California firefighters raced up and down canyon hillsides Wednesday, engulfing homes and forcing thousands to flee. THE DAILY PRESS VIA THE ASSOCIATES PRESS

THE WASHINGTON

Shipwreck found in Lake Ontario

The second-oldest confirmed shipwreck in the Great Lakes, an American-built, Canadian-owned sloop that sank in Lake Ontario more than 200 years ago, has been found, a team of underwater explorers said Wednesday.

The three-member western New York-based team said it discovered the shipwreck earlier this summer in deep water off Oswego, in central New York. Images captured by a remotely operated vehicle confirmed it is the Washington, which sank during a storm in 1803, team member Jim Kennard said.

THE ASSOCIATED PRESS

BEAT THE RUSH
Tire storage for only $99*

No space at home to store your tires? Let us look after them!
We'll keep your tires safe and secure until you're ready
to put them back on your vehicle.

*With the purchase of 4 winter tires. One season of storage. See Birchwood Toyota for full offer details. Dealer Permit #0025

Birchwood TOYOTA
70-3965 Portage Ave, Pointe West AutoPark
204-831-4866 | birchwoodtoyota.ca
TOYOTA QUALITY SERVICE
Earn Aeroplan Miles aeroplan
TOYOTA

metro VIEWS

Your essential daily news

Thursday, August 18, 2016

CHANTAL HÉBERT ON A DEPARTED PARLIAMENTARIAN

The late Mauril Bélanger earned his place in history as one of a long line of political champions of Ontario's francophone community.

All Canadians will remember Liberal MP Mauril Bélanger, who passed away Tuesday at 61, for his grace under the cruel duress of ALS. In recent months many will also have come to know of his deathbed wish to make the English version of "O Canada" gender-neutral.

But most of Bélanger's battles were fought on a different language front. He earned his place in Ontario history as one of a long line of political champions of the province's francophone community.

It is a role that has long come with the job of representing Ottawa-Vanier in Parliament and at Queen's Park. Few ridings are more closely associated with the long-standing struggle of Ontario's francophone community to maintain its place on the province's map.

In 1916, it was the site of a memorable standoff between French-language parents and the Ontario government. In protest against regulation 17 — which limited French-language instruction to the first two years of elementary school — the mothers and grandmothers of the students of École Guigues in Ottawa's lower town set up a human chain to protect its classrooms from police interference.

When the authorities showed up, the women famously fought back with hatpins and sewing scissors. Among others, one of Toronto's French-language elementary schools — École Jeanne-Lajoie — is named in honour of a teacher who opened a then-illegal French school after losing her job for teaching francophone students in their mother tongue.

Not all the battles for French-language rights in Ontario go back a century.

Liberal MPP Albert Roy who represented Ottawa-Vanier (then known as Ottawa East) at Queen's Park in the 1970s brought in a private member's bill that would have bound the province to offer services in French. The bill failed but a decade later it served as a foundation for Ontario's first French-language services act. Roy also fought for the right of French-speaking defendants to be tried in their language.

Jean-Robert Gauthier represented Ottawa-Vanier in Parliament for 20 years as of 1974. The Liberal MP fought relentlessly to have French's historic place in Ontario recognized, once even taking up rhetorical arms against prime minister Pierre Trudeau.

Gauthier did not support the 1982 patriation of the Constitution because it did not include the recognition of French as an official language of Ontario, on par with English. But he did have input on the wording of the section of the Charter of Rights and Freedoms that deals with minority education rights. Shortly after it came into effect, the Ontario Court of Appeal ruled that the English-speaking minority in Quebec and its French-speaking counterparts across Canada had the constitutional right, per the new charter, to run their own schools.

Bélanger earned his stripes on the front line of the fight to overturn a 1997 provincial decision to shut down Montfort hospital — Canada's only French-language university teaching hospital west of Quebec. Five years and two pro-Montfort court victories later, Tony Clement, as the then-Ontario health minister, waved the white flag on behalf of the Conservative government.

Today no one questions Montfort's existence. There is a tentative plan afoot to create a French-language university in Ontario. Earlier this year premier Kathleen Wynne offered the province's francophone community an official apology for regulation 17. But Bélanger would not have considered his work done.

He would have liked Ottawa — Canada's capital — to declare itself officially bilingual. Had he not lost his health he would have had a chat with Justice Minister Jody Wilson-Raybould about her contention that a Supreme Court judge can be considered functionally bilingual even if he or she can't hold a conversation in French.

Ottawa-Vanier is no longer home to as tightly knit a francophone community as it was a few decades ago. The proportion of French-speaking voters who call it home has declined. But it remains an iconic riding for the Franco-Ontarian minority. It is also one of the safest Liberal ridings in the country. There will be no lack of contenders to fill the seat. Bélanger would not wish for a faint-hearted successor.

Justice system's flaws leave us judging judges

Rosemary Westwood
Metro

It's been a bad week for Terry Semenuk.

The Alberta Judge is presiding over a horrific case of gang rape, where a 17-year-old girl was kidnapped from a bus stop in 2014 and raped repeatedly over eight hours by two brothers, who have pleaded guilty.

But that's his job. What's been especially bad for Semenuk is the way he's handled perhaps the most validating part of the criminal justice system for victims who find a way to come forward, and who win a conviction: the victim impact statement.

In what appears to be an entirely inexplicable move, Semenuk not only denied a request for the young woman's victim impact statement to be read aloud in court by the Crown — he then barred the media from obtaining it.

If Semenuk has good reason for either ruling, he's failed to offer it. A Crown reading the statement might contravene the Criminal Code, and it might conflict with a publication ban on the victim's identity, he's reportedly said.

Neither, according to legal observers, make any sense. Victim impact statements are routinely read by Crown attorneys in Toronto, and the public and media are routinely given access to victims' identities and then expected to follow any publication ban.

Unfortunately for Semenuk, judges of sexual assault trials are under unprecedented scrutiny these days. Thanks to Justice Robin Camp, who in 2014 asked a rape complainant "Why couldn't you just keep your knees together?" we know how ignorant our bench can be. Thanks to a two-year, Ghomeshi-fuelled national conversation, we know how flippantly our justice system treats sexual assault. That's not a matter of opinion: Research shows about 0.5 per cent of sexual assaults make it to court. And unfortunately for judges, they often become the faces of the whole sorry, sloppy, ineffective mess. Because so much of what's wrong with the system lies buried in police reports we never see and cases we never hear about, judges are the visible tip of the sickened iceberg.

In the wake of the Stanford rape case, it's hard to believe Semenuk would be unaware of the power and dignity offered to victims when these statements are publicized. Perhaps he also noticed how much attention they can draw to a judge and his decisions.

Or perhaps he's genuinely ignorant of how they are, to use the words of activist Farrah Khan, "one of the few accommodations we offer survivors."

"Why can't we honour that?" she asked. Really, why couldn't Semenuk?

The answer is: We have no idea. And our judges have to do a lot better than that. When they don't, you can bet we'll be watching.

metro Your essential daily news

CHIEF OPERATING OFFICER, PRINT **Sandy MacLeod**

VICE PRESIDENT & EDITOR **Cathrin Bradbury**

EXECUTIVE VICE PRESIDENT, REGIONAL SALES **Steve Shrout**

MANAGING EDITOR WINNIPEG **Elisha Dacey**

ADVERTISER INQUIRIES adinfowinnipeg@metronews.ca
General phone 204-943-9300

Birchwood
CREDIT SOLUTIONS
Credit. From someone who's credible.™
Have you been declined elsewhere?
That doesn't mean you are declined with Birchwood Credit Solutions.
We approved over 600 vehicle loans in the last 30 days, because we make your approval decision, not the banks!
Apply Online
birchwoodcredit.com
Call or text us at: 1-204-509-4231
Visit one of our three city-wide locations!
1065 Salter Street
Between Leila and Partridge
768 Nairn Avenue
Corner of Chester Street
2554 Portage Avenue
Corner of Portage and Moray

WINNIPEG'S NEWEST COMEDY FESTIVAL RETURNS TO SOUTH OSBORNE AUGUST 25-28TH

4 DAYS - 6 VENUES - 25+ SHOWS - 50+ PERFORMERS FULL LINE-UP, SCHEDULE, & TICKETS AT ODDBLOCK.CA

ODDBLOCK

BLOCK PARTY COMEDY FESTIVAL

AUGUST 25-28TH 2016

— FEATURING —

MATT BRAUNGER • TODD GLASS
KATE BERLANT • JACKIE KASHIAN
RON LYNCH • IAN ABRAMSON
KATHLEEN MCGEE • BRENT WEINBACH
CHRIS CUBAS • DAN TELFER • MARTHA KELLY
CHRIS LOCKE • SAM JAY • GRAHAM CLARK
CHANTEL MAROSTICA • AISHA ALFA

GARRET CLARK / DAVID HETI / JORDAN WELWOOD / AMY BUGG
JOHN B. DUFF / BEN WALKER / DANA SMITH / AMBER DANIELS
TYLER PENNER / MIKE GREEN / TIM GRAY / DAN GLASSWICK
JARED STORY / PAUL RABLIAUSKAS & MANY MANY MORE!

4 DAYS - 6 VENUES - 25+ SHOWS - 50+ COMICS
FEATURING OUR NEW HALF PINTS OUTDOOR PATIO
WITH SHOWS AT
THE PARK THEATRE - RIVERVIEW CC - VERA PIZZA
BMC MARKET - GAME KNIGHT - PARK ALLEYS

MORE INFO, LINEUP, & TICKETS AT ODDBLOCK.CA

CHECK OUT ALL THE GREAT SHOWS AT ODDBLOCK 2016!

ALL THURSDAY & SUNDAY SHOWS AND PODCASTS WILL BE HELD AT THE PARK THEATRE

THURSDAY

6:30-8:00pm P.H. ONLY	8:30 - 10:00pm $15
KICKOFF host Chris Cubas John B. Duff, Graham Clark, Chantel Marostica, Keener, Amber Daniels, Martha Kelly	**KATE BERLANT & FRIENDS** Kate Berlant, Ron Lynch, Jordan Welwood, Sam Jay, Benji Rothman & Dana Smith

SATURDAY

3:30 $5	5:00 $5
UTOPIA 2 ME? PODCAST Chris Locke with Matt Braunger	**THE DORK FOREST PODCAST** Jackie Kashian with Dan Telfer John B. Duff, & Special guest

SUNDAY

6:30 - 8:00pm $10	8:30 - 10:00pm $15
BORDER WARS Graham Clark, Chris Locke, Kathleen McGee, Chris Cubas, Martha Kelly, Jackie Kashian	**CLOSING GALA** Brent Wienbach, Todd Glass, Matt Braunger, Jackie Kashian, Sam Jay, Martha Kelly, Ron Lynch

FRIDAY

	6:30pm	8:00pm	8:30pm	9:00pm	9:30pm	10:00pm	10:30pm	11:00pm	11:30pm	12:00am
THE PARK THEATRE 698 Osborne St	TODD GLASS & FRIENDS $20 6:30-8pm LIVE AT THE PARK THEATRE			TIX $10 9:00-10:30 **7 MINUTES IN PURGATORY with Ian Abramson** Matt Braunger, Kate Berlant, Ron Lynch, Martha Kelly, Chris Locke, Ashley Burdett, Aisha Alfa, Chantel Marostica, Jon Wilson						**OH NO YOU DIDN'T! $10 12-1:30am Live at the PARK THEATRE** Oddblock's Official Dirty Show 20+ comics from headliners to locals do their best dirty material Host John B. Duff
RIVERVIEW CC 90 Ashland Ave	TODD GLASS with guests Dan Glasswick David Heti Garret Clark Martha Kelly Paul Rabliauskas Host Tyler Penner		TIX $10 8:30-9:30 **H.U.N.K.S AND FRIENDS** Winnipeg's H.U.N.K.S. are joined by friends, Graham Clark, Clare Belford, Brett McCrindle				TIX $10 10:30-11:30 **OUT LOUD host Sam Jay** Chantel Marostica, Amy Cunningham, Sage, and a very special guest!			
BMC MARKET 722 Osborne St		TIX $10 8:15-9:15 **RIFFINGTON with Chris Locke** Ron Lynch, Kate Berlant, Sam Jay, Matt Braunger, Ryan Ash			TIX $10 10:00-11:00 **ALTERED STATES host Chris Cubas** Kathleen McGee, Paul Rabliauskas, Mike Green, Ben Walker, Todd Glass					
GAME KNIGHT 726 Osborne St			TIX $10 8:30-9:30 **SET PHASERS TO FUN host Dan Telfer** David Heti, Dan Robertson, Jackie Kashian, Andrew Lizotte, Cathy Herbert, JD Renaud				TIX $10 10:30-11:30 **JEOPARDY-ISH host John B. Duff** Graham Clark, Chris Locke, Mel Dahling Dana Smith, Matt Nightingale, J Welwood			
VERA PIZZERIA 670 Osborne St							TIX $10 10:30-11:30 **TYLER PENNER'S PIZZA PARTY!** Amy Bugg, Jon Wilson, Chris Cubas, Clare Belford, Dan Telfer, Dan Glasswick			
PARK ALLEYS 670 Osborne St		FREE OPEN MIC SHOW Hosted by Jared Story		FREE OPEN MIC SHOW Hosted by Chad Anderson		FREE OPEN MIC SHOW Hosted by Andy Noble		FREE OPEN MIC SHOW Hosted by Andrew Lizotte		

SATURDAY

	6:30pm	8:00pm	8:30pm	9:00pm	9:30pm	10:00pm	10:30pm	11:00pm	11:30pm	12:00am
THE PARK THEATRE 698 Osborne St	MATT BRAUNGER & FRIENDS $20 6:30-8pm LIVE AT THE PARK THEATRE			TIX $10 9:00-10:30 **EMPOW(HER)MENT host Chantel Marostica** Kate Berlant, Sam Jay, Jackie Kashian, Amy Cunningham, Clare Belford, Ashley Burdett, Melanie Dahling, Jessica Seburn						**TOMORROW! $10 12-1:30am Live at the PARK THEATRE** A bizarre comedy variety show Aisha Alfa Brent Weinbach Chris Locke The Thrashers & Many More Surprises! Hosted by Ron Lynch
RIVERVIEW CC 90 Ashland Ave	Matt Braunger with guests Chris Cubas Kathleen McGee Chris Locke Amy Bugg Benji Rothman Host Ben Walker		TIX $10 8:30-9:30 **KOOKS host Tim Gray** David Heti, Kate Berlant, Martha Kelly, Ian Abrahmson, Ron Lynch, Brent Weinbach				TIX $10 10:30-11:30 **BATTLE ROYALE host Mike Green** Ben Walker, Benji Rothman, Andy Noble, Amber Daniels and many many more!			
BMC MARKET 722 Osborne St		TIX $10 8:15-9:15 **THROW KATHLEEN A BONE** Kathleen McGee courts male suitors in a dating game style show			TIX $10 10:00-11:00 **PUNCH UP hosts Telfer, Kashian, Glass** Jared Story, Paul Rabliauskas, Amy Bugg and Garett Clark					
GAME KNIGHT 726 Osborne St			TIX $10 8:30-9:30 **MIXED UP host Aisha Alfa** Sage, Florence Spence, Paul Rabliauskas, Chad Anderson, Sam Jay, Chris Cubas				TIX $10 10:30-11:30 **WE THE NORTH host M. Nightingale** Chris Locke, Keener, Graham Clark, Aisha Alfa, Dana Smith			
VERA PIZZERIA 670 Osborne St				TIX $10 9:30-10:30 **TYLER PENNER'S PIZZA PARTY** Graham Clark, Ian Abramson, Sam Jay J Welwood, Ryan Ash, Amber Daniels			P.H. ONLY 11:00-12:00 **BADA BING! BADA BOOM!** A top secret line-up. Available only to weekend and V.I.P. passholders			
PARK ALLEYS 670 Osborne St		FREE OPEN MIC SHOW Hosted by Dan Goldberg		FREE OPEN MIC SHOW Hosted by Brett McCrindle		FREE OPEN MIC SHOW Hosted by Cathy Herbert		FREE OPEN MIC SHOW Hosted by J.D. Renaud		

PERFORMERS, PRICES, AND SCHEDULE SUBJECT TO CHANGE. UPDATES AT ODDBLOCK.CA

South Osborne · HALF PINTS BREWING CO. · TRAPICHE ARGENTINA · PINNACLE VODKA · Paint Shop · UMFM · alt · 100% RYE · ticketfly · metro

DON'T BE THE ODD ONE OUT
GET YOUR ODDBLOCK TICKETS TODAY!

metro LIFE
Your essential daily news
Thursday, August 18, 2016

It's hard to tell who was more starstruck — four-time Rio gold medallist Simone Biles or Zac Efron, who spent the week tweeting about the U.S. gymnast. They met at the Games this week.

MacLennan is 'over the moon'

Rosie MacLennan, who was the flag bearer at this year's Olympic ceremony, defended her gold medal in women's trampoline on Friday. After suffering a concussion last summer, MacLennan took five months off for rehabilitation that included vestibular ocular therapy, working through her eyes to strengthen parts of her brain. She also had to first work on her heart rate by walking and biking before getting back on the trampoline. "The hardest part was being held back from something you absolutely love," the Torontonian tells Metro. DAVID RAMOS/GETTY IMAGES

OLYMPICS Q&A

Gold medallist reflects on the momentum of women in Rio

Melita Kuburas
Metro | Canada

If there was more pressure on Rosie MacLennan going into Rio, it was self-imposed.

"I guess there was some expectation and more attention, but I think the most pressure for any athlete is the internal pressure they put on themselves," the trampolinist tells Metro.

MacLennan, 27, who won Canada's only gold medal in London 2012, proved she was still best in her sport by defending her spot last Friday.

"I'm feeling over the moon," she says, reflecting on her performance. Metro asked MacLennan about Team Canada's podium run so far, sexism in the Olympic coverage, and about her own competitive spirit and training methods.

Which competitors were you keeping your eye on?
I was definitely keeping an eye on the two Chinese girls, Li Dan and He Wenna. They've been incredibly strong over the past decade. And then the girl from Belarus (Tatsiana Piatrenia) who won the first round — she's been incredibly strong as well. So I guess they were my watch list.

Canadian women have been dominating the podium. Have you noticed more confidence in our athletes, or do you think it's the result of more investment?
I don't know necessarily what caused it but I do think there is something to building momentum. So right off the bat when you have top performances, it's really inspiring and motivating for the rest of the team.

So for me, I watched the rugby girls the first three days and they were incredible. They performed a debut Olympic event and I was truly inspired by not only their performance but their attitude; their feelings of gratitude to be here and have the opportunity.

There has been much talk about sexism in the Olympic media coverage. Is this something the athletes are talking about, or that you have experienced?
I think a lot of the athletes competing are really just focused on the task at hand but it has been nice to see some of the athletes, (like) Adam van Koeverden speaking up and really defending…female athletes and the way that we're covered.

One of the things about being at the Olympics is you're actually kind of removed from the coverage. We get live feeds of the sport so a lot of the coverage is about that specifically. We're a little bit sheltered from it at this point, but it might start some discussions back home.

If Penny Oleksiak is picked to be the flag bearer, what advice would you give to her?
To her or to whoever is picked: just really take in that moment and raise the flag high and proud and just enjoy it, embrace it and take it all in.

I think it's an opportunity to be an ambassador for the team and be a spokesperson for the team in a sense; to help generate conversations about things that you're passionate about.

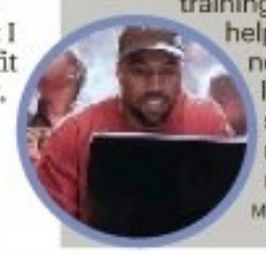
Some coaches have called on corporate Canada to support our athletes. You've had sponsorship success, now working with Tide as well as P&G's Thank You, Mom campaign. What's important to keep in mind when you do a campaign like this?
I think it's important to have a deeper connection. It's more than the face value of a partnership. The reason I was so excited to work with Tide (on Small but Powerful) is because of what they're trying to accomplish and it's connected to something I'm really passionate about. One of my dreams and one of my goals beyond being an athlete is encouraging and facilitating that next generation of athletes — whether it's for high performance goals or an active life, it doesn't really matter. But the Small and Powerful campaign connected with me because they are doing something about it; they are putting money where their mouth is.

What was the hardest part about suffering a concussion last year?
I think the hardest part was being held back from something you absolutely love but I think that was also the benefit of it. Because I was held back, I realized all I wanted to do was get back on the trampoline regardless of what that meant for the Olympic journey.

> I think the women on our team have shown to be incredibly strong and incredibly fierce and it's an opportunity to have that conversation and change the way women are looked at in sports.
> Rosie MacLennan, on sexist Olympic coverage

PREP MUSIC

Those who watched Rosie MacLennan win gold last Friday may have noticed she had her headphones in before her routine. What was she listening to?
"Before my first routine I listened to Citizen Cope, Let the Drummer Kick It, and then before my second routine I often listen to Stronger by Kanye West. The first one is more a pace — it gets me more calm; I love the song. And then Stronger I associate with training and with positive memories in training. It really helps me connect to that level," she says.



MELITA KUBURAS/METRO

Voted the **Best New Yogourt*** in Canada! Try it for yourself.

*According to results of the 2016 BrandSpark Best New Product Awards survey conducted by BrandSpark International. For more information visit www.BestNewProducts.ca.

$2.00 off

Astro ATHENTIKOS GREEK YOGOURT

11912499

on any Astro Athentikos (500g or 4x100g) EXPIRY DATE: December 31, 2016.

TO THE DEALER: Parmalat Canada will reimburse the face value of the coupon, plus our regular handling fee, provided you accept it from your customer according to the terms of this coupon offer. Redemption on any other basis may constitute fraud. No facsimiles or mechanical reproductions. Failure to provide, on request, evidence that sufficient stock was purchased in the previous 90 days to cover coupons presented, will void coupons. Coupons submitted become our property. Reimbursement will be made only to the retailer who redeems the coupons. GST/QST/HST included in the coupon value, where applicable. For redemption mail to Parmalat Canada, P.O. Box 3000, Saint John, NB E2L 4L3. All trademarks are owned or used under license by Parmalat Canada, Toronto, ON M9C 5J1. © Parmalat Canada, 2016. All rights reserved. Cannot be combined with any other coupon or promotional offer. Limit one coupon per purchase. **EXPIRY DATE: December 31, 2016.**

6 REVEALING QUOTES FROM AMY SCHUMER'S BOOK

If you love Schumer, then you'll love The Girl With The Lower Back Tattoo, which extends and deepens our sense of her personality. TORSTAR NEWS SERVICE

On having had only one one-night stand:
I'm just too pragmatic and lazy for one-night stands. I consider consequences and I don't drink like I did in college

On Hollywood
... it's an industry of people who judge most women almost solely on their appearance, and where every day women feel themselves barrelling toward death and decay while smaller, hotter actresses like Selena keep appearing like Russian nesting dolls

On the demeanour of the Bloomingdale's manager who caught her and her sister shoplifting:
He was radiating smugness like someone who works at the Apple Genius Bar on the day of a product release

On calling Fayetteville, N.C. and Tampa, FL. "horrendous cities"
I'm not scared of writing that and making those people mad, because I know for a fact that no one who lives there has ever read a book

On her lower-back tattoo and getting trashed on social media:
There's nothing anyone can say about me that's more permanent, damaging, or hideous than the statement I have forever tattooed upon myself

On seeing, and not recognizing, photos of herself paddle boarding in the tabloids:
Oh, cool, Alfred Hitchcock is alive and loves water sports

NINA DOBREV
TOGETHER WE CHANGE THE WORLD
ME to WE Rafikis. Bracelets that change the world.
WEAR YOUR PASSION FOR CHANGING THE WORLD ▸WE.ORG
▸WE.ORG

THE PACKED LUNCH MADE EASY

Soon kids will return to school and with that comes daily lunch-box panic.

For stress-free lunchtime success, stick with simplicity and be mindful, recommends child nutritionist Aviva Allen, founder of Healthy Moms Toronto.

"Don't try to be overly creative," said Allen. "Stick with foods you know your kids enjoy. It's not the time to introduce new foods. The goal is to give them fuel to get through their day and stay focused."

Avoid getting into a lunch-box rut and stave off culinary boredom by offering a wide range of foods. "I always suggest including something from a variety of food groups," Allen said.

Include tasty, healthy snacks, such as cheese, whole grain crackers, yogurt, fresh fruit and veggies served with dip. Jazz up mains with a creative roasted veggie and chicken wrap, a delicious sushi selection or vegetarian rice stir fry. Lastly, save time by making extra portions at dinner for lunch leftovers. TANYA ENBERG

Get ready, sandwich makers

Fun finds guaranteed to make back-to-school lunches and snack time shine

Tanya Enberg

Keep foods well separated with the colourful California Home Goods, 3-Compartment Reusable Bento Lunch Box. *$26.95 at Amazon.ca*

The Black and Blum Bento Box doesn't take up much space, yet still stores a nice-sized lunch. Bonus — it comes with a fork and clip, as well as a sauce pot. *$28 at, Chapters Indigo stores, Indigo.ca*

The Sistema To Go Bento Box features a smart movable slide divider. It also has snack lovers covered with a yogurt container and two compartments perfect for smaller treats. *$22.98 at Staples, staples.ca*

Adorable meets function with the durable Parkland Rodeo Lunch Kit (shown in purple). Designed with an insulated main compartment and a handy front zip pocket for munchies. *$29.95 at Chapters Indigo stores, Indigo.ca*

Paw Patrol fans will be all fired up for lunchtime with the cute backpack and lunch-bag combo. *$15.97 at Walmart (in stores only)*

For teens, lunch gear grows up with the insulted cooler from Dakine (styles vary). *$24.99 at LiveOutThere.com*

Fully insulated with a divider for drinks and convenient pockets on the front and inside, the High Sierra Double Decker Lunch Bags (available in a variety of colours) works serious overtime on lunch duty. *$23.99 at Staples, staples.ca*

Shop with heart. Every purchase of a Me to We water bottle gives a year of clean water to a family in need overseas. *$12.95 at Staples, staples.ca*

Sweeten up water breaks with the unicorn stainless steel bottle form Crocodile Creek. *$11.95 at Chapters Indigo stores, Indigo.ca*

Keep drinks cold for 24 hours with the double walled S'well Dark Heart stainless steel water bottle. *260 ml is $38 and 500 ml is $45 at Well.ca*

Double up snack time with the smart Snack in the Box two-sided container with lids that are super easy for little hands to open. *$13.98 at Staples, staples.ca*

Clear, leak-proof snack containers from Sugarbooger means youngsters can see what's inside. They're also stackable for space-saving once they're done. *$12.98 at Well.ca*

Invest in reusable, kid-friendly cutlery. The Monbento Pocket Cutlery set (shown in blue) is ideal for meals on-the-go. *$12.95 at Chapters Indigo stores, Indigo.ca*

1. California Home Goods 3-Compartment Reusable Bento Box
2. Crocodile Creek Water Bottle — Unicorn
3. Parkland Rodeo Lunch Kit
4. Monbento Pocket Cutlery
5. Snack in the Box

SHOP SMART

When choosing reusable containers and drink bottles, shop smart for items that are lightweight, with secure closures, so they remain spill free. Also consider stocking up on a few compact ice packs. They will come in handy for keeping the inside of lunch boxes cool.

"Kids don't get a lot of time to eat their lunches so easy to open containers and easy to eat foods are ideal," said child nutritionist Aviva Allen, founder of Healthy Moms Toronto.

"I love bento-box-style lunch boxes. Kids can select from a number of foods in front of them and none of the food is touching."

OPEN HOUSE SEPT 6–10

ALL CLASSES FREE FOR FIVE DAYS!

Celebrate the opening of Winnipeg's new dojo/studio!

TATAMI STUDIO

Try any class for free, sign up on or before Sept 10th, receive your first month at

50% OFF

Aikido ★ Dru Yoga ★ Dru Meditation

Adults ★ Children ★ Youth ★ Seniors

Tatami Studio has a friendly, relaxed atmosphere & dedicated instructors!

447 KENSINGTON STREET *LOCATED NORTH WEST OF POLO PARK*

TATAMISTUDIO.CA 204-914-5751

metro HOME
Your essential daily news

Hugh Hefner's next-door neighbour buys Playboy Mansion for $100M U.S.

LUMEN AT SOUTH POINTE

Luxury rentals

CONTRIBUTED

Project overview

Lumen at South Pointe is a multi-family townhouse project that is perfect for young families and empty-nesters alike. Billed as luxury rentals, the open spaces and new digs will appeal to many.

Housing amenities

The units feature central air, a large verandah, porch and patio or balcony, stylish cabinetry, open and bright design and some units have developed basements and are pet-friendly. Parking is included.

Location and transit

In the new development of Waverley West, transit isn't as frequent as a downtown home. But bike paths will soon connect individual neighbourhoods and as the area continues to develop, so will transit access.

In the neighbourhood

Waverley West is growing fast and furiously, with everything from gas stations and grocery stores being built. Things that are a short drive away include St. Vital Mall, the shops on Kenaston Boulevard, the University of Manitoba and Investors Group Field.

NEED TO KNOW

What: Lumen at South Pointe
Builder: Porchlight Development
Managed by: Imperial Properties
Location: 100 Southview Cres.
Building: 148-unit townhouse
Sizes: 910 sq. ft. – 1,435 sq. ft.
Pricing: $1,445 - $1,795/month
Model: Two-storey townhouse with basements
Status: Construction complete
Occupancy: Now
Phone: 204-942-8000
Website: lumenwinnipeg.com

RED RIVER COLLEGE | SCHOOL OF CONTINUING EDUCATION
Advance Your Career
REGISTER NOW!
Start earning industry-recognized certificates this fall.
Full-time, part-time, online and on-site options available.
Flexible delivery to suit your schedule.
THE DIFFERENCE IS HERE
204.694.1789 | CDE@RRC.CA | RRC.CA/CONED

metro RIO

IOC executive Patrick Hickey was taken to a hospital after police came to his hotel to arrest him as part of a probe into ticket scalping

Confident De Grasse hot on Bolt's heels

RIO2016

Canuck a step behind 200-metre king in semifinals

At the world championships last year, right after the 100-metre men's final, Usain Bolt confessed to a reporter that he didn't have a clue who this bronze-medalling Andre De Grasse kid was.

He knows now.

The kid from Canada has been right on the legendary Jamaican sprinter's heels all week.

Bronze to his gold in the 100 with a personal best on Sunday, in the pressure cooker of the Olympics marquee event.

Second to him by two-hundredths of a second in Wednesday night's 200-metre semifinal — another PB for the 21-year-old from Markham, Ont.

And Bolt, appearing to deliberately hold up, slow down, with about 40 metres to go, as if waiting for De Grasse to catch up, both of them grinning at each other in the final few strides, giving the impression of jogging together companionably.

Bolt crossing the finish in 19.78 seconds. De Grasse an eyelash behind him at 19.80 — a Canadian record. The Jamaican throwing his arm around the Canadian. Like, let's do this again some time. Thursday evening, actually.

Andre De Grasse and Usain Bolt run in the men's 200-metre semifinals Wednesday night.
SHAUN BOTTERILL/GETTY IMAGES

> **I feel like I can keep up with him better in this race.**
> Andre De Grasse

Pitter-patter and pounding feet.

The cocky Canadian, De Grasse, shows all the blithe self-assuredness of youth. But you have to be cocky to be good. And he's good.

"I think I can have a personal best," he casually observed the other day following the 200-metre heats, where he posted the best qualifying time of the field and best time of his season: 20:09. He had looked right, had looked left — shades of Bolt's head swivel on the fly there. "No one was with me."

Bolt, the two-time and defending Olympic champion in the 200 owns the world record time of 19.19.

Since Beijing in 2008, Bolt has not lost a single major championship at 200. Come Friday, his Jamaican squad will be vying to three-peat Olympic gold. De Grasse is anchoring the Canadian team.

"I came to Rio to win three gold medals, to prove myself again as one of the greats," said Bolt. "Someone said if I did I would be immortal.

"I kind of like that. I'm going to run with that."

TORSTAR NEWS SERVICE

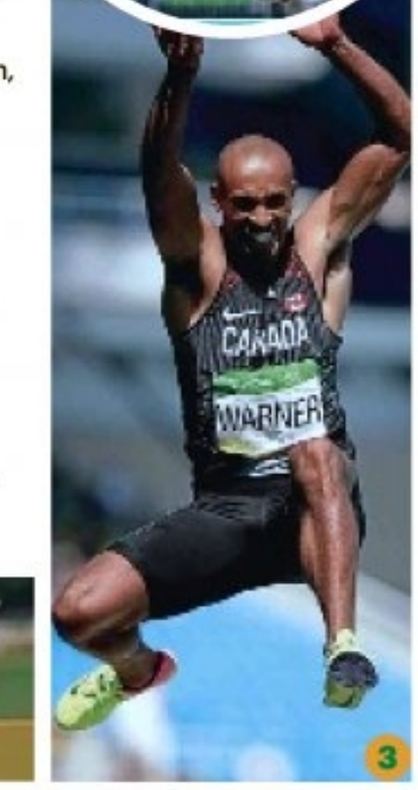
1 Top qualifying time — Melissa Bishop of Eganville, Ont., qualified with the best time (1:58.38) in the women's 800-metre heats.

2 Denied bronze — Canada just missed the podium in Olympic show jumping, losing to Germany in a jumpoff for bronze.

3 Strong takeoff — London, Ont.'s Damian Warner got off to a good start in the Olympic decathlon — he was third overall after Wednesday's five events.

4 Tee'd off — Brooke Henderson of Smiths Falls, Ont., carded a 1-under-par 70 in the opening-round of the women's golf tournament. Thailand's Ariya Jutanugarn leads at 6 under, while Alena Sharp of Hamilton sits at 1 under.

PHOTOS BY GETTY IMAGES



SOCCER

Brazil romps way to gold-medal match

Rafael Alcantara, top, and Neymar helped fire up the home crowd Wednesday.
ODD ANDERSEN/AFP/GETTY IMAGES

Maybe Neymar and his teammates can make the Olympics a success for Brazil after all.

Brazil's celebrated men's soccer team rolled to a 6-0 win over Honduras in the semifinals Wednesday to earn a spot in the gold-medal match.

Brazil started the day 16th in the medal standings, with only three golds in the first 11 days.

Empty seats have been prevalent across Rio, but not at Maracana Stadium, where they packed in to watch Neymar and Co. They didn't have to wait long,

SEMIFINALS

6	0
BRAZIL	HONDURAS

with Neymar scoring 15 seconds into the game. It was the fastest goal in men's Olympic history, and Brazil led 3-0 going into halftime to cruise into the final.

"We don't want to disappoint the fans," Brazil midfielder Renato Augusto said. "They want us to play well and they want us to win the gold."

Neymar added a goal on a penalty kick in stoppage time, and Gabriel Jesus also scored twice for Brazil, which got off to a slow start in the tournament. But the team picked up the pace and will face Germany, which beat Nigeria 2-0 in the other semifinal. Germany's senior team trounced Brazil 7-1 in the semifinals of the World Cup in Rio two years ago.

"Hey Germany, just wait, your turn is coming up!" a fired-up fan base chanted. THE ASSOCIATED PRESS

RIO In brief

Yeats can't grapple bronze

Dorothy Yeats of Montreal fell short of capturing a medal, losing her battle for bronze in women's 69-kilogram wrestling on Wednesday.

Yeats was defeated 2-1 by Sweden's Anna Fransson.

The Canadian, who won her opening match 11-1 over Nigerian Hannah Rueben, lost 7-2 in the quarter-finals to Sara Dosho of Japan, then edged Buse Tosun of Turkey 3-2 in the repechage round. THE CANADIAN PRESS

Canadians paddle into final of 200-metre kayak double

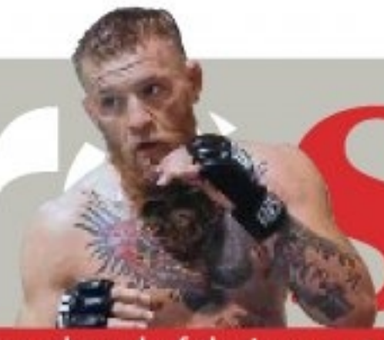
Ryan Cochrane of Windsor, N.S., and Hugues Fournel of Montreal qualified for the final of the men's K2 200 metre.

Cochrane and Fournel were nominated to the Canadian Olympic Team just over two weeks ago after a Russian crew was suspended due to a doping infraction.

The final takes place Thursday morning.

THE CANADIAN PRESS

metro SPORTS



Conor McGregor's news conference with Nate Diaz ahead of their rematch at UFC 202 ended with the two men throwing bottles at each other

RIO2016

Lochte's dad says robbery occurred

The father of American swimmer Ryan Lochte said Wednesday his gold medal-winning son arrived back in the United States before a Brazilian judge ordered that Lochte and U.S. teammate Jimmy Feigen stay in Brazil as authorities investigate their claim they were robbed during the Olympics.

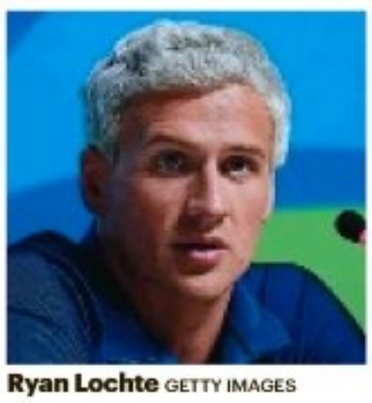
Steve Lochte told The Associated Press by phone from his Florida home that his son called him Tuesday after arriving in the U.S. "I'm just happy he's safe," the elder Lochte said. "I don't know what all the controversy is. They were basically taken out of the taxi and robbed."

Feigen's whereabouts could not be confirmed, though he told the San Antonio Express-News he was still in Brazil. The office of Judge Keyla Blank confirmed the order to seize the passports of Lochte and Feigen in a statement Wednesday.

The U.S. Olympic Committee said police went to the athletes village Wednesday morning to try to collect the passports, but the swim team had already moved out. Lochte and three of his teammates said they were robbed at gunpoint in a taxi as they returned to the athletes village from a party, several hours after the last Olympic swimming events were held.

Police have found little evidence so far to support their accounts, and say the swimmers were unable to provide key details in police interviews.

"Why would anybody fabricate anything?" Steve Lochte said. "It's just ridiculous." A police official with knowledge of the investigation told the AP that police cannot find their taxi driver or witnesses. THE ASSOCIATED PRESS



Ryan Lochte GETTY IMAGES

Yanks can't handle Happ

MLB

Jays hold on to top spot as pitcher extends win streak to 11

WEDNESDAY In N.Y.C.

7	4
BLUE JAYS	YANKEES

Before this season, J.A. Happ had a career record of 62-61 with a 4.13 ERA. This year, he's putting up Cy Young Award numbers.

Happ won his career-best 11th consecutive decision to become the majors' first 17-game winner in 2016, pitching the Toronto Blue Jays past the New York Yankees 7-4 on Wednesday.

J.A. Happ GETTY IMAGES

"He's just turned into a better pitcher. He's more of a command guy," Toronto manager John Gibbons said. "He's got a great feel. He's doing a tremendous job."

Melvin Upton Jr. hit a three-run homer and Darwin Barney had an early two-run double for the first-place Blue Jays, who hold a slim lead over Baltimore and Boston in the AL East. Russell Martin added three hits, including an RBI single off CC Sabathia, as the Blue Jays took two of three in the series, delighting a vocal contingent of Toronto fans at Yankee Stadium.

Happ (17-3) pitched into the eighth inning and extended the longest active winning streak in the majors. He struck out nine, walked one and yielded solo homers to Gary Sanchez, Starlin Castro and Chase Headley. "If you can try to limit them to solos, you give yourself a chance. That's kind of what happened today," Happ said.

Signed as a free agent in the off-season to a $36 million, three-year contract, Happ has won five straight starts. The 33-year-old lefty, who hasn't lost since June 6 at Detroit, is 3-0 in four outings against the Yankees this year.

"He's dominant," teammate Josh Donaldson said. "He's just been doing his thing He's just been great."

Happ hides the ball well and has a sneaky fastball that he moves all around and can elevate to get strikeouts. His big season is a continuation of his success down the stretch last year, when he went 7-2 with a 1.85 ERA in 11 starts after getting traded from Seattle to Pittsburgh. THE ASSOCIATED PRESS

> He's just turned into a better pitcher. He's more of a command guy. He's got a great feel. He's doing a tremendous job.
> Toronto manager John Gibbons on Happ

Jays closer Roberto Osuna and catcher Russell Martin hug after Wednesday's win. JIM MCISAAC/GETTY IMAGES

BAT SPAT

Gibby, Donaldson face off

Heck, it was all over Tom Ford cologne!

"I kind of hit my bat on the dugout there, Gibby leaned over and said, what kind of cologne are you wearing," Josh Donaldson said, referring to a third inning run-in with manager John Gibbons in the Blue Jays dugout that added to Wednesday's the on-field fireworks.

"It was Tom Ford, I got some and was trying it out. He got close enough to get a good whiff. I said back up ... I'll give you some after the game."

Kidding aside, there was a serious side to the face off between Gibbons and Donaldson, which started after the AL MVP struck out for the second straight time and threw his bat in the dugout. A TV camera caught Gibbons going after Donaldson at the bat rack. The two got into a heated exchange with Troy Tulowitzki and Josh Thole stepping in to separate the two.

"It's no big deal," Gibbons said post game. TORSTAR NEWS SERVICE

SOCCER

FIFA seeking bans in match-fixing case

FIFA ethics prosecutors want a six-year ban for a former South Africa Football Association president in a long-running case of fixed friendlies played ahead of the 2010 World Cup by the host nation.

FIFA's ethics committee said Wednesday that investigators also asked for life bans to be imposed on a Zimbabwean official and a coach from Togo for bribery and corruption.

In previous verdicts, four SAFA officials were banned for up to six years for links to fixed 2010 World Cup warm-ups where referees were appointed by Singaporean match-fixer Wilson Raj Perumal.

FIFA prosecutors have now recommended sanctions against three more men in final investigation reports sent to ethics judges. They are: former SAFA president Kirsten Nematandani; Jonathan Musavengana of Zimbabwe; and Bana Tchanile of Togo. THE ASSOCIATED PRESS

IN BRIEF

Gomez signs for Wolfsburg

Wolfsburg says it has signed Germany striker Mario Gomez from Italian side Fiorentina.

The Bundesliga club gave no details of the transfer fee or the contract, but German media reported that Wolfsburg is paying around seven million euros ($7.9 million US) for the 31-year-old's services. Wolfsburg general manager Klaus Allofs says, "he and his ambitions go perfectly with us." THE ASSOCIATED PRESS

BASEBALL

Romanski continues assault on Saints

Josh Romanski's bat has been burning the St. Paul Saints this week.

Capping the Winnipeg Goldeyes' 4-0 win on Wednesday with his ninth home run of the season, the 29-year-old outfielder went 6-for-11 at the dish with eight RBI, five extra-base hits, including two homers as the Fish captured the first three games of their condensed five-game series with the league-leading Saints.

Goldeyes starter Kyle McGovern cruised, facing just 24 batters on his way to a complete game shutout in a shortened seven-inning affair. McGovern improved to 6-3 on the year while dropping his ERA to 4.04 after walking two and striking out six.

With 18 games remaining going into Wednesday's late game, the 49-32 Goldeyes — who hold the AA wild-card spot — continue to chase down the 54-28 Saints for the North Division crown. DARRIN BAUMING FOR METRO

RECIPE Salmon Dinner Salad

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This healthy, yet hearty salad is a meat-and-potatoes dinner, summer style.

Ready in 30 minutes
Prep time: 10 minutes
Cook time: 20 minutes
Serves 4

Ingredients
- 8 small red potatoes, sliced in half
- 1 cup frozen corn, thawed
- 1 head of tender lettuce, washed and chopped
- 2 filets of salmon
- 1 Tbsp olive oil
- 1 lemon, juiced, divided
- salt and pepper
- 1 avocado, pitted and cubed
- 6 or 7 plum tomatoes, sliced in half lengthwise

Directions

1. Boil potatoes until tender. Drain and put aside to cool. Pour frozen corn into a bowl and thaw. Wash, dry and chop the lettuce into ribbons. Turn oven broiler onto 450 degrees.

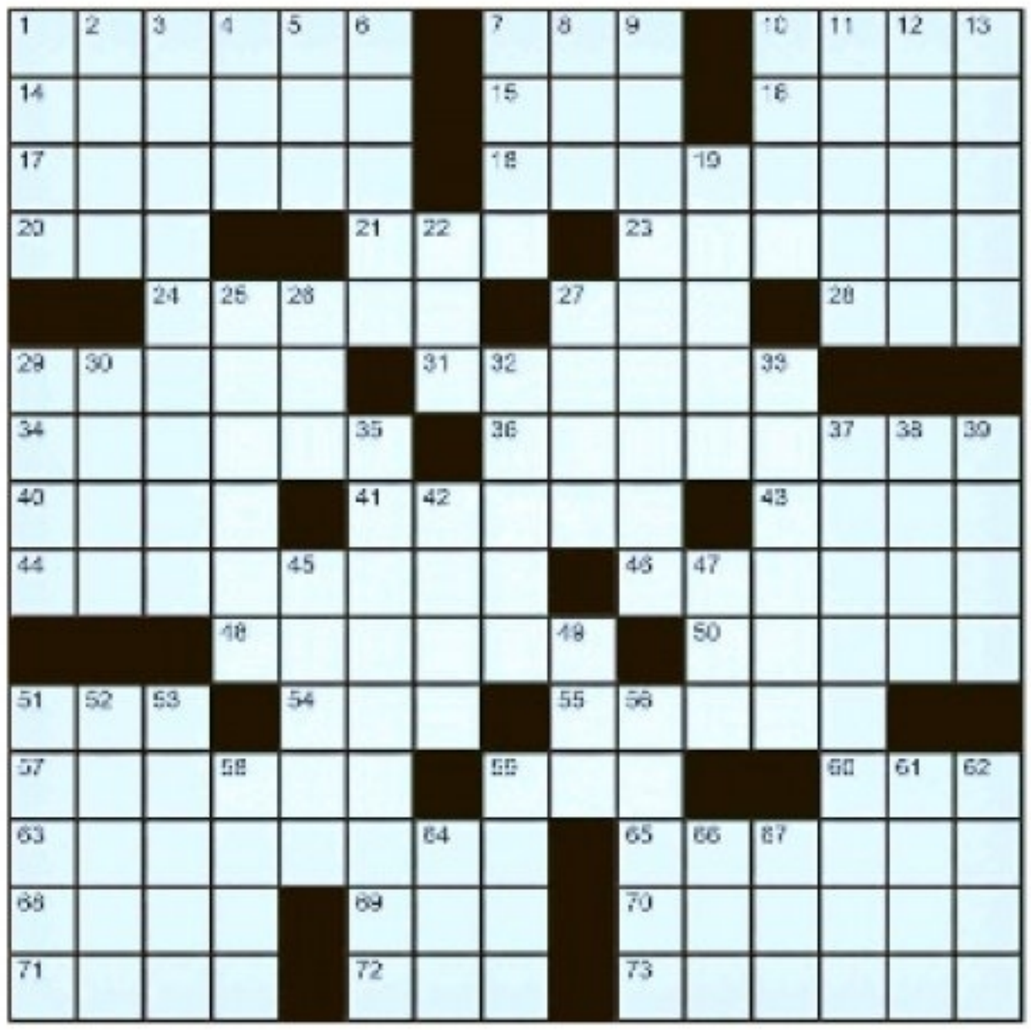
2. Rinse fish and pat dry with paper towel before coating in a light slick of olive oil and half of the lemon juice, and salt and pepper before placing on a rack or cookie sheet. Shake the corn around the salmon. Place on the highest rack of the oven and cook for between 5 and 10 minutes, depending on salmon thickness. Remove from the oven.

3. Lay on bed of the chopped lettuce. Arrange the potatoes, avocado and tomatoes evenly across the lettuce. Break salmon into bite size pieces with your hands. Arrange on the salad. Shake the charred corn over top and serve with your favourite dressing.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. RIO 2016: The Olympic Motto, 'Citius, __, Fortius'
7. RIO 2016: Belgrade's locale, IOC-style
10. Treaty
14. William Randolph __ (Newspaper magnate)
15. Ms. Carrere
16. Hillside dugout shelter
17. "Thanks __ __ much!"
18. RIO 2016: Endurance event
20. 'Peace' suffix (Pacifist)
21. Groove
23. 'The Minister of Everything': Canadian politician/businessman, _._. _
24. Soil crawlers
27. Theological sch.
28. Li'l streets
29. "Canadian Girls" by Dean __
31. "The Blue __" (1946) starring Veronica Lake
34. Direct, as per ancestry
36. RIO 2016: Soccer's Olympic synonym
40. Brit. word/reference works
41. British car, __ Martin
43. Herman Melville story
44. Canadian chocolate-covered raisins brand
46. Yukon neighbour
48. Hive house
50. "Our Father which __ __ heaven..."
51. Baton Rouge sch.
54. Opposite of Jnr.
55. Alphabetic quintet
57. RIO 2016: One of the Olympic rings
59. Luxe lieu
60. Campers, commonly
63. RIO 2016: Closing __ (Sunday, August 21st)
65. RIO 2016: Shuttlecock, as in Badminton
68. RIO 2016: Equestrian's strap
69. Hi-__ graphics
70. Esoteric
71. Gremlins, Pacers, et al. as per cars
72. Point
73. Juicing gadget

DOWN
1. "Two owls and __ / Four larks and..." - Edward Lear
2. __ Strauss & Co.
3. RIO 2016: Olympic sport
4. Not standard, briefly
5. _._._ Enterprise
6. Rainy event
7. Income tax __.
8. Narrow inlet
9. RIO 2016: 1992 Summer Olympics site
10. RIO 2016: Route, as per Cycling
11. Don't like at all
12. RIO 2016: Bunch of spectators
13. Prongs
19. Acknowledge
22. Amer. currency
25. Saskatchewan village
26. Rug kind
27. "Begone bug!"
29. Online journal
30. Canadian rebel Louis
32. Following
33. RIO 2016: On the Sailing boat
35. RIO 2016: #1-Across' answer, or the other parts in the motto: 2 wds.
37. RIO 2016: 1928 Summer Olympics host city
38. Tricky Norse deity
39. __ shark
42. Celestial body
45. Salts sort
47. Lake: French
49. Pitchy dog bark
51. RIO 2016: Sportswear fabric
52. "Now you __ '__, now you don't!"
53. Saint-__ (Municipality in Quebec's Gaspé Peninsula)
56. Elephant in literature
58. Contact __
59. Way [abbr.]
61. Grapes grasper
62. Oracle
64. New
66. Wrath
67. TV-making co.

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Continue to look for ways to improve your job or to get a better job. Lucky Jupiter, Mercury and Venus all are waiting to help!

Taurus April 21 - May 21
Grab every chance to take a vacation, because three planets are urging you to have fun. Sports events, playful activities with children and romance also are blessed.

Gemini May 22 - June 21
You continue to benefit from anything related to home and family, including real estate. This is a good time for home repairs and redecorating projects.

Cancer June 22 - July 23
Life is fast-paced now because of short trips, increased reading and writing, plus busy errands and conversations with everyone. Just go with the flow!

Leo July 24 - Aug. 23
Continue to look for ways to boost your income, because you can do this now. Mercury, Venus and lucky moneybags Jupiter all are in your House of Earnings!

Virgo Aug. 24 - Sept. 23
This continues to be a favourable time for you. Please take note: This is a great week for Virgos to buy wardrobe items.

Libra Sept. 24 - Oct. 23
Although you are working behind the scenes and playing it low-key, your communication with others nevertheless is direct and highly charged! (No one sees you coming.)

Scorpio Oct. 24 - Nov. 22
People in power — bosses, parents, teachers and VIPs — admire you now. This advantage will stay with you for another week, so make the most of it! Go after what you want!

Sagittarius Nov. 23 - Dec. 21
Grab every opportunity to travel and expand your horizons, because this is what you need to do now. Fortunately, with Mars in your sign, you won't hesitate to go after what you want!

Capricorn Dec. 22 - Jan. 20
Study, interactions with other countries and cultures, plus opportunities to travel intrigue you now. Settle loose ends with shared property so that you are free to fly!

Aquarius Jan. 21 - Feb. 19
You need more rest right now. (Respect your need for more sleep.) This will help you in issues where you might be in competition with someone else.

Pisces
Feb. 20 - March 20
It's easy to get better organized now, because people are supportive. They want to help you. Relations with partners are wonderful. Lucky you!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

6				3				8
		4						
			1		9		5	
		1		7		9		
9								4
		5		2		1		
	6		7		5			
						4		
3				8				7

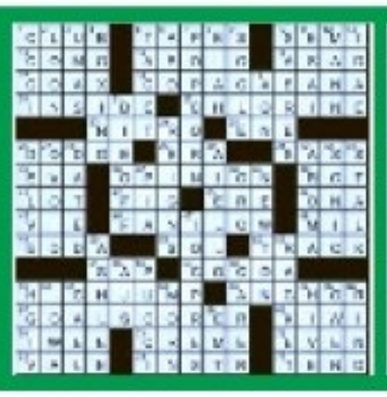
©2014 Conceptis Puzzles, Dist. by King Features Synd., Inc.

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better. metronews.ca/panel

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



9	1	3	6	8	7	4	2	5
6	8	2	5	1	4	3	7	9
7	4	5	9	2	3	1	6	8
3	9	7	8	5	1	2	4	6
4	6	8	7	9	2	5	3	1
5	2	1	3	4	6	9	8	7
1	7	6	4	3	9	8	5	2
2	5	4	1	7	8	6	9	3
8	3	9	2	6	5	7	1	4

Get Ultimate TV, unlimited internet, and home phone for $80/month.

***Ultimate TV* Basic Pack with Whole Home PVR, High Speed Internet Lightning 25 and Home Phone Essentials all for $80/month for the first 6 months (regular price $143/month after bundle discount):**

- Stream your Netflix directly on *Ultimate TV*, only available in Manitoba from MTS.*
- Unlimited internet with up to 25 Mbps download speed & 2 Mbps upload speed.
- Free call display and unlimited local calling.

Call 204-225-5687 or visit your nearest MTS store.

MTS
We're with you.

*Netflix membership required. Offer expires September 30, 2016. Offers subject to change without notice. Conditions apply. To change your plan after the promotional period has ended, call 204-225-5687 or service will continue at then current price. Unlimited internet service is subject to our Internet Use Policy – visit mts.ca/internetusage and our Fair Use Policy – visit mts.ca/fairuse for details on our network management practices. Actual speeds may vary and are not guaranteed. MTS design mark, *We're with you.* and Ultimate TV are trademarks of Manitoba Telecom Services Inc., used under license.